

### WHAT'S IN THIS MONTH'S ISSUE:

#### UPCOMING EVENTS

#### A-AWA GAK UPDATES

#### HAFT MEWA RECIPE

#### MEMBER INTRODUCTION

### UPCOMING EVENTS

#### Ramadan Fundraiser

A-AWA & A-AWA GAK will be holding fundraisers during the holy month of Ramadan in order to help the less fortunate in Afghanistan.

#### Nowruz

During the month of March, Nowruz, or "New Day", the Persian New Year and the beginning of the spring equinox is celebrated throughout Persian households worldwide. It is a time when family and friends get together to celebrate the new year.



### A-AWA GAK UPDATES

#### Art Supplies Fundraiser

A-AWA GAK is raising funds and reaching out to local businesses in order to provide the talented Afghan refugees with painting supplies.

#### Visiting and Helping Afghan Refugees

The members of our youth group have been in contact with and supporting the Afghan refugees in Virginia and Florida.

### 7 FRUITS RECIPE (HAFT MEWA)

#### 1. Gather the ingredients:

- Green raisins
- Black raisins
- Pistachios
- Dried apricots
- Almonds
- Walnuts
- Senjed



#### 2. Peel the nuts and rinse the other ingredients.

#### 3. Soak the raisins in hot water and let them soak for about an hour.

#### 4. Next, add the rest of the ingredients to the bowl with the raisins. Leave in the refrigerator for 2-3 days.

#### 5. Finally, take the ingredients out and place them in a nice bowl. Enjoy!



### MEMBER INTRODUCTION

Hello! My name is Eman Ali. I am the president of A-AWA's youth group, A-AWA GAK. I currently live in Orlando, Florida with my mom, dad, and two brothers. I am in the 11th grade and in my free time I enjoy swimming, reading, taekwondo, and spending time with my family.



I am so excited to share A-AWA GAK is coming out with a newsletter. It will hold information about A-AWA & A-AWA GAK, upcoming events, and the things we have accomplished. I hope you enjoyed this month's edition. Please be sure to keep an eye out for the next month's edition. For more information visit A-AWA's website: <http://a-awa.org/>