

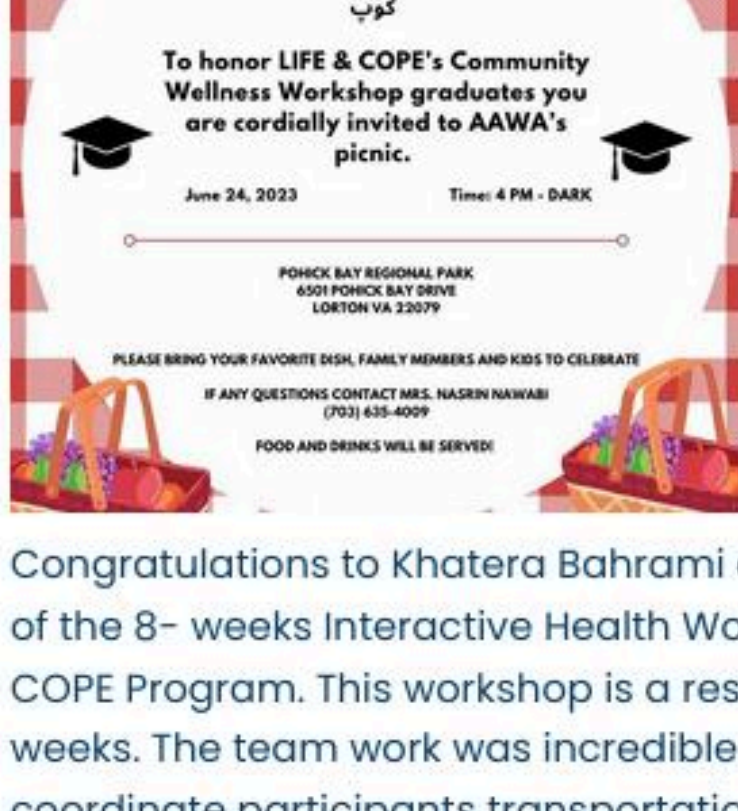
SUMMER NEWSLETTER

JUNE, JULY, AUGUST 2023



Afghan American Women's Association

Life and Cope Picnic



Salam all, A-AWA BOD represented AAWA for a documentary screening arranged by Afghans Living in DC and ICNA. Bibi and Dr. Nader Bahrami are our own Afghans with such an inspiring story and service to community. Watch it for yourself! It's around 30 minutes and won Oscar nomination in 2023. It was great to meet them in person.

Congratulations to Khatera Bahrami and Meena Abedi as the facilitators of the 8- weeks Interactive Health Workshop as part of A-AWA's LIFE & COPE Program. This workshop is a research based curriculum taught in 8 weeks. The team work was incredible to ensure professional sessions, coordinate participants transportation, childcare, and program evaluation. The settlement team tried to add holistic services as some of the participants needed support in many other areas such as job search, social services, education, etc.

01/06

One Journey Festival

One Journey Festival was a festival to raise awareness and advertisement for AAWA and it was really successful.



Collaboration with Nancy Pascal to promote her children's book



It has been so good to have Heela Jan's help and we wish her all the best in her studies and volunteering with AAWA.

02/06

Ahmad's Fundraiser

AFGHAN AMERICAN WOMEN'S ASSOCIATION

SAVE A CHILD IN NEED

Your compassionate support has the power to forever change the trajectory of Ahmad's young life.

At the age of 13, Ahmad finds himself battling a critical heart condition that weakens his health day by day.

However there is hope. A specialized surgical procedure, the key to Ahmad's recovery, awaits him in Iran. But there lies the challenge: this surgery necessitates a significant financial commitment.

We are immensely grateful for the support of our incredible Iranian community members, who have dedicated their efforts to coordinate every aspect of this intricate surgery.

Ways you can donate today:

- (703) 901-4583
- A-AWA.org
- (703) 901-4583
- 7004 Highland Meadows Court, Alexandria VA, 22315
- Info@a-awa.org



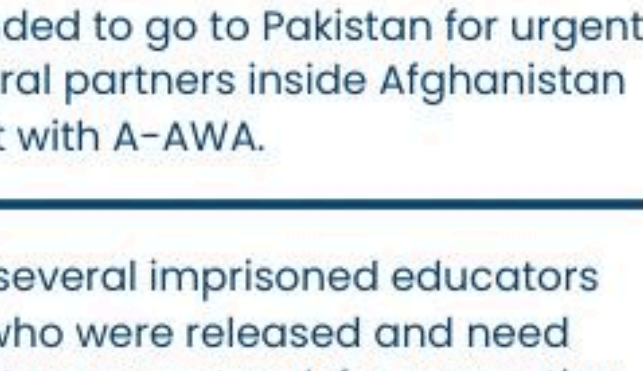
Happy Fathers Day!

A quick note to say thanks for your hard work and dedication. Your efforts don't go unnoticed. Your commitment is the bedrock of our lives. Appreciate you every day. Happy Fathers Day!



03/06

AFGHANISTAN PROJECTS



A-AWA continued to support several income generating assistance in Afghanistan. This included helping sick and disabled women and children. A mother and sick child were funded to go to Pakistan for urgent critical treatment. Special thanks to several partners inside Afghanistan for facilitating this effort with A-AWA.

A-AWA facilitated fundraising drive for several imprisoned educators and their families including the ones who were released and need medical treatment. Thanks to Together Stronger network for supporting this effort.

Chicken eggs and chicken raising project in Herat Province with Hami Institute continued with great success!

ADVOCACY

A-AWA participated and promoted the survey (voices of women inside Afghanistan), and several other initiatives as part of the Together Stronger Network where AAWA's BOD participated.

A-AWA signed yet another Open Letter in support of Freedom Mattiullah Wesa

AFGHANISTAN PROJECTS



LIFE & COPE



CONGRATS TO:



Nillab Pazhwak, A-AWA's Board Member and Co- Founder for getting promoted to the Executive Director of A-AWA. This is a fully volunteer role. She received warm welcome by A-AWA members as they appreciated her years of selfless dedication to community service, leading various A-AWA's efforts, and empowering Afghan community here and humanitarian assistance inside Afghanistan.

Sabrina Wali, Youth Group member for becoming President of A-AWA GAK, Youth Group, with special thanks to Eman Ali for her effective service and dedication as the former President of A-AWAGAK and congratulations for her graduation from HS.

05/06

CONGRATS TO:



Dr. Nahid Nasrat for her chapter on "Refugees from Afghanistan" published in the book, titled the Psychological Experiences and Adjustment of Migrants – Coming to the USA (add link to the book)

Khatira Bahrami, one of the Facilitators of the Life and Cope Program, for her research and new finding in the field of psychology and publishing her book.

Lemar Pazhwak of the Youth Group for graduating HS and starting his higher education.

Sarah Arsala of the Youth Group for highest donation collection for Ahmad's fundraising

06/06