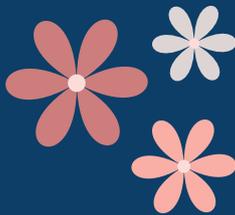
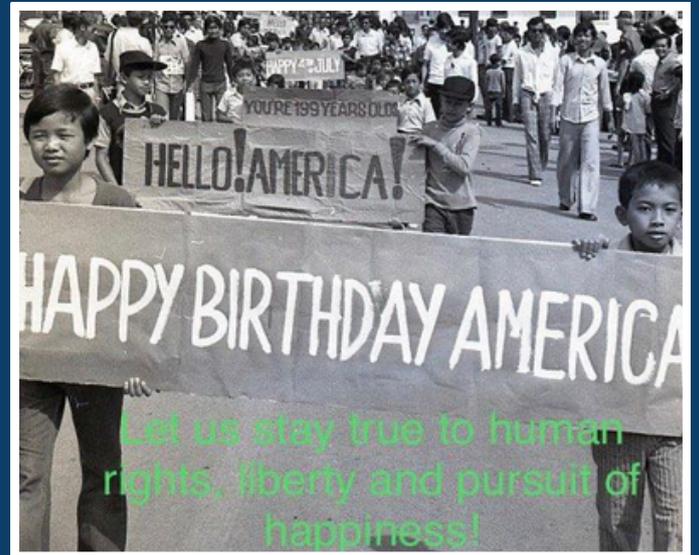


July, August, September 2025 Quarterly Newsletter

This Fourth of July, we celebrate community, freedom, and the strength of our AAWA family. Thank you for your continued support and generosity. Wishing you a safe, joyful, and meaningful Independence Day!



Thank you to everyone who has contributed to our fundraiser supporting Afghan families deported from Iran and relocated to Herat. Your generosity is already making a difference.

Urgent needs remain, especially tents, infant formula, and diapers. Some funds have already been sent and are being used to provide essential supplies for displaced infants.

Many families are still in temporary camps, and continued support is critical to prevent this crisis from worsening. We kindly ask those who can to please contribute to this life-saving effort.

Thank You



A-AWA was approached by Manizha Wafeq to partner with the 2nd Afghan Women's Global Business Forum (August 12, 2025, Hybrid event in Washington, D.C.)

Nillab Pazhwak (served as a panelist on their Panel) Supporting Systems in Action: Associations and Organizations Driving Women Business Growth. She highlighted A-AWA's income-generating projects in Afghanistan that are pragmatic and grassroots efforts, and the role A-AWA has played in empowering the community in the DMV area.



A-AWA stands in solidarity with the Afghan people, especially Afghan women and girls. We believe in a united, peaceful Afghanistan—free from discrimination and foreign interference—where future generations have access to education and opportunity. We remain committed to offering support, however limited, in the face of immense challenges.

August 15, 2025, marks four years of hardship for Afghan girls and women, with schools and workplaces closed, food scarce, and freedoms stripped away.



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As Afghanistan's Independence Day from the British Empire is commemorated in August, we reflect on the urgent need for economic and educational independence, especially at a time when schools, higher education, and many work opportunities remain banned for half of the population. We continue to call for the reopening of schools to girls and women of all ages.

With your membership and donations, A-AWA proudly sponsors five scholarships for girls studying in medical fields currently permitted, supports a young woman in exile, assists a mother battling breast cancer and a child requiring ongoing expensive treatment, and provides protection and aid to a single mother and her children hiding due to abuse. We also provide regular assistance to over eight families in need, support online education through our partnership with Online Eagle Academy, offer mental health services in collaboration with FSJO, and extend confidential support to women-led agencies inside Afghanistan whose names we withhold for their safety. Your support makes this work possible as we continue advocating for dignity, opportunity, and the rights of women and girls.



We are proud to announce the completion of our six-month fellowship funded by Vital Voices. This program strengthened our leadership, expanded our outreach, and deepened our impact in supporting Afghan women and families during a critical time. We extend our sincere appreciation to all of our dedicated volunteers whose time and commitment made this fellowship a success. We especially recognize our lead volunteers — Malal Nezam, Sabrina Wali, and Farida Safi — for their outstanding leadership and unwavering dedication over the past six months. Because of our volunteers, A-AWA continues to uplift women, support families, and advocate for dignity and opportunity.



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AAWA
Afghan American Women's Association

ISLAMIC RELIEF USA

LIFE & COPE

DATE: 09/14/2025
From 1:00PM - 5:00PM

Inova

Courtyard by Marriott Tysons
1960-A. Chain Bridge Rd, McLean, Virginia 22102

Cultural Trauma and the Psychological Burden of Forced Migration

زیستن میان دو جهان: آسیب های فرهنگی و بار صدمه روانی مهاجرت های اجباری
د دوو نړۍ و نړمخ ژوند کول: کلتوري صدمې او د جبري مهاجرت رواني فشار

Dr. Nahid Nazari
Professor of Clinical Psychology

Khatera Bahrami
PhDc in Developmental Psychology

Hirunnessa Partiad
Guest Speaker- Community leadership and Advocacy



On behalf of the Board of Directors of A-AWA, we extend our sincere thanks to everyone who joined us for the LIFE and COPE event on September 14, focused on cultural trauma and the psychological impact of forced migration. The strong turnout and meaningful discussion made the event truly impactful.

We are grateful to our production, outreach, and proposal writing teams, with special appreciation to A-AWAGAK for their valuable contributions. Thank you as well to all participants and A-AWA members who helped enrich the conversation. This event reflects the power of community. We invite you to continue supporting our mission by becoming a member, engaging in our programs, and attending future events.

With gratitude,
Board of Directors, A-AWA

We truly appreciate you taking the time to read this edition of our newsletter. Be sure to keep an eye out for our next edition, where we'll continue sharing important updates and stories!